

Gogs



My name is Gogs Gagnon, a computer programmer who has developed games for Apple Computer, utility software for IBM and the lead programmer analyst and data architect for the government of British Columbia, Canada, for over 35 years before retiring in 2015. [Read more.](#)



Late-Stage Prostate Cancer is on the Rise — What to Know

There's never a good time to be diagnosed with cancer. Nobody wants to face a diagnosis. It's devastating news and something not to be taken lightly. And there are no...



By [Gogs](#)

March 10, 2023 4 min read



47 reactions



8 comments



Making Peace with Rising PSA After Prostatectomy

The prostate produces PSA. And since both healthy and cancerous prostate cells manufacture PSA, a prostatectomy aims to remove the entire prostate. If successful, PSA should eventually drop to undetectable...



By [Gogs](#)

November 10, 2022 4 min read



96 reactions



38 comments



Prostate Cancer is Not Just an Older Man's Disease

I always thought prostate cancer was an "old man's" disease. After all, I didn't know anyone who had it. And I understood that prostate cancer could affect male erections and...



By [Gogs](#)

September 15, 2022 3 min read



50 reactions



13 comments



Fear of Cancer Recurrence and My New Lumps

Ever since my prostate cancer diagnosis, I no longer take

my health for granted. I never used to think about my health and assumed I was healthy. After all, I...



By [Gogs](#)

January 28, 2022 3 min read



128 reactions



7 comments



My Dogs' Reaction to My Cancer Diagnosis

After the doctor confirmed my prostate biopsy was positive for cancer, my first thought was, "I'm going to die." My heart started to pound, and I immediately thought about my...



By [Gogs](#)

November 16, 2021 4 min read



110 reactions



8 comments



My Dad Refuses Prostate Cancer Treatment

At the time of my prostate cancer diagnosis, I had no family history. And none of my living relatives could recall a single case of prostate cancer in the family...



By [Gogs](#)

November 5, 2021 3 min read



109 reactions



22 comments



Prostate Cancer and The Power of Love

I remember anxiously awaiting in the doctor's office for his arrival to review the results of my prostate biopsy. My wife was by my side, with her hand on my...



By [Gogs](#)

September 16, 2021 3 min read



55 reactions



2 comments



Finding the Best Prostate Cancer Doctor and Treatment

Being diagnosed with prostate cancer was devastating. It caught me entirely off guard. It hit me so hard that I thought my life was over. And I just wanted it...



By [Gogs](#)

June 25, 2021 3 min read



88 reactions



12 comments



Sex and Intimacy After Prostate Cancer Surgery

Before my prostate cancer diagnosis, I took my erections for granted. That is, I never gave them a second thought. They were always reliable, required no foreplay, and were ready...



By [Gogs](#)

April 21, 2021 3 min read



87 reactions



8 comments



Prostate Cancer and My Coping Mechanisms

My healthcare team never warned me about the emotional side effects of a prostate cancer diagnosis. I understood about the physical impacts but never considered emotional health. My healthcare team...



By [Gogs](#)

April 8, 2021 3 min read



123 reactions



11 comments



Prostate Cancer and the Importance of Regular Exercise

I grew up in a time before the internet, cell phones, and personal computers. My friends and I would spend most of the day outdoors from early morning to late...



By [Gogs](#)

February 26, 2021 3 min read



93 reactions



5 comments

The Prostate Biopsy That Missed My Cancer

Due to continued rising PSA levels, my urologist recommended a prostate biopsy. I'll never forget the solemn tone in his voice and the serious look in his eyes. My heart...



By [Gogs](#)

January 25, 2021 3 min read



66 reactions



17 comments



Prostate Cancer and How Not to Make a Decision

When the doctor confirmed my prostate biopsy results were positive, my mind completely shut down. I could no longer comprehend anything the doctor said after hearing the word “cancer.” His...



By [Gogs](#)

January 14, 2021 3 min read



194 reactions



12 comments



The PSA Blood Test Controversy

In my early 50s, my doctor recommended including the PSA blood test as part of my annual checkup. At the

time, I wasn't familiar with the term PSA. However, I...



By [Gogs](#)

November 18, 2020 3 min read



136 reactions



33 comments



Prostate Cancer Symptoms...Or Lack Thereof

The American Cancer Society and the Canadian Cancer Society estimate at least 293,000 men will be diagnosed with prostate cancer (as of 2022). Of which roughly 39,000 men (34,500 American...



By [Gogs](#)

October 7, 2020 3 min read



133 reactions



23 comments